



CONDITIONS AND RULES OF SWIM

1. Entries will be accepted on the entry form, photocopy or on line entrytime.com
2. No post-dated cheques or postal orders will be accepted.
3. The event takes place irrespective of weather conditions, **unless** deemed unsafe by the organizers and safety officers on the day.
4. If event is cancelled before swim day due to conditions beyond the control of the organizers the cancellation will be posted on the open water web site entrytime.com.
5. **No refunds** will be paid out in the event of a cancellation. Monies received will be used to cover costs incurred.
6. It is the responsibility of the swimmer to ensure that he/she is medically fit to participate.
7. Swimmers compete at their own risk.
8. Swimmers will only be allowed to swim in the event determined by their age and gender.
9. Swimmers may not receive assistance other than lifesavers.
10. Swimmers must be able to finish the **500 m in 30 min, 1500m in 50min; 3Km in 1H20 & 5Km in 1H40** ; the organizers have the right to remove a swimmer from the water if deem necessary.
11. All swimmers are required to wear identity tags issued by the organizers, finishing without a tag will lead to disqualification
12. Only swimming goggles, nose clips and swim caps will be allowed as swimming aids – **NO** wet suits or ANY other aids (power bands)
13. Swimmers not swimming the plotted course and or finish in the determined manner will be disqualified.
14. Any swimmers who fail to abide by these rules and conditions will be disqualified
15. Prize money: recipients must be present at prize giving for entitlement.
16. Proof of entry (fax or online) must be presented if not found on pre-entry list, failing to present, late entry fee will apply
17. All participants approve the taking and use of any photographs for promotional and publishing material, the organisers will not reveal any swimmers personal details.
18. FINA Swimwear rule applies on FINA events.
19. Right of admission reserved by the organisers.

CLOSING DATE FOR ALL ENTRIES: 20 February 2012

Fax Number for **entries & proof** of payment: 086 508 7977

Enquiries: kemptonswim@absamail.co.za

DIRECTIONS TO STERKFORTEIN NATURE RESERVE:

From JHB N3 to DBN, go around Harrismith, take Bethlehem off ramp, and Turn right, R74 to Bergville. (DBN alternative route).

From DBN to JHB, at Harrismith take Bethlehem off ramp, take R74 to Bergville. (DBN alternative route).

Sterkfontein Dam Nature Reserve is 20Km from Harrismith.

NOTE: The road works have not been completed, allow extra travelling time±30min.

25 FEBRUARY 2012

STERKFORTEIN DAM NATURE RESERVE –HARRISMITH



*Dries Auto
Harrismith*

BRIDGESTONE

A limited number of swimmers will be allowed to enter, due to the ECO Environment. Not to be disappointed ensure early entry.

Enquiries: kemptonswim@absamail.co.za

Online entries

entrytime
COM



REGISTRATION OPENS AT 07H00 & CLOSES 30 MIN PRIOR EACH EVENT.

STERKFORTEIN 2012 - ENTRY FORM

EVENT	CATEGORY	STARTING TIME	DISTANCE
1A 1B	Ladies 14 & Over 5km Men - 14 & Over 5km	08H00	5000m
2	Men 1500m	9H45	1500m
3	Ladies 1500m	10H45	1500m
4	FUN SWIM	11h45	500m
5A 5B	Ladies 11 & Over Bridgestone 3km Men -11 & Over Bridgestone 3km	12H30	3000m

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Prize giving will commence directly after the completion of the 3km - ± 13H50

Prize Giving

1500m (Categories: 13 & under, 14 – 30, 31 – 50 & 51 & over)

1st R400.00 2nd R300.00 3rd R200.00

Bridgestone 3Km Women & Men 11 & over

1st R500.00 2nd R400.00 3rd R300.00

5Km Women & Men 14 & over

1st R600.00 2nd R500.00 3rd R400.00

Pre-entry Fees:

5Km R150-00
1500m R110-00
Fun swim (500m) R50-00
Bridgestone 3Km R130-00

Late Entry Fees

(after closing date & on race day)

All late entries will carry a R50-00 penalty per event.

Surname		F	
First name		M	
Postal address			
Town			
Postal code			
Tel (h)		FAX	
Tel (o)		FAX	
Cell			
E-mail			
Date of birth	month	day	year
Id Number			
Province			
AGE ON DAY OF SWIM			

EVENTS REQUIRED EVENT: (Mark X)

Event 1A (L -5km)		Event 4 F/S	
Event 1B (M – 5km)		Event 5A (L – 3km)	
Event 2 (M – 1500)		Event 5B (M – 3km)	
Event 3 (L – 1500)			

Payment to: KPS-STERKFORTEIN 1500.
Bank ABSA Branch Kempton Park
Account # 907 2901 928 Branch code 63 05 42
Reference: **YOU'RE NAME**

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INDEMNITY

I have read the rules and conditions of the swim, I agree to them and also will not hold the organizers, nature reserve, sponsors or any person/s liable for personal or material injury / illness, loss or damage suffered by me/us or child of whom I am the parent/ guardian while at the event.

Swimmer

Parent/Guardian (if under 18)