



CGA OPEN CHAMPIONSHIPS DEC 2011

Dates: 10th - 13th December 2011
Venue: Ellis Park Pool
Starting Times: Morning Session – 08h30 - Heats
Afternoon Session – 16h00 - Finals
Team Managers Meeting: Friday 9th Dec 2011 – 16h00 at Ellis Park Pool

These championships will be swum in an 8 lane format

This gala is an Open Long Course championship.

Ribbons are awarded to the 8 finalists.

Medals are awarded to swimmers who are placed 1st, 2nd or 3rd in each age group in each event.

Trophies are awarded in each event to the **Top CGA Swimmer** in the Finals or Timed Finals.

1. Age is determined by the first day of the gala.
2. Entry times must have been achieved from 1st Jan 2011.
3. Swimmers must achieve one qualifying time to compete in the championship.
4. Swimmers **may not** enter an event on a NT.
5. All swimmers must report to the Call Room (marshalling) for all their races. All swimmers must swim in the correct heat and lane and are not permitted to go directly to the starting blocks. Please note that if a swimmer misses their race, they will **not** automatically be placed in an alternate heat. The Gala Referee on the day will rule on this matter.
6. All finalists and alternates must report to the Call room (marshalling).
7. All Clubs are requested to nominate a Team Manager for the duration of the Championships. Their contact details must be submitted to the Gala Office at the Team Managers Meeting.
8. The shorter events will be swum as graded heats in the morning and finals in the afternoon sessions. The longer distance events will be swum as Timed Finals.
9. B Finals will be swum in the senior category only – 16 & over – in the shorter events (50m, 100m, 200m & 400m) provided there are 17 or more swimmers entered and participate in the heats of that event.
10. Finals are swum in the following age groups:

	Sub Junior	Junior	Senior
Women	12yrs under	13 – 15yrs	16yrs over
Men	13yrs under	14 - 15yrs	16yrs over
Relays - Women	12yrs under	13 – 15yrs	16yrs over
Relays - Men	13yrs under	14 - 15yrs	16yrs over
200 Fly, 400 IM 800/1500 free		12 – 15yrs	16yrs over

11. Relay names and the order in which the swimmers will compete in the relays must be submitted to the tournament office prior to the conclusion of the morning session on the day the relay will be swum.
12. Failure to submit names timorously will result in that relay team being removed from the programme without notice.
13. Any **alteration** to the relay names must be submitted to the tournament office 1 hour prior to the commencement of the Finals session.
14. Swimmers may swim **up** in an older age group for relays, and must remain in the older age group for all the relays in that session.
15. Only the top 8 swimmers will score points towards individual and club points.



16. Only 2 relay teams per club per event will score points.
17. Para Swimmers will compete in their own Heats and Finals
18. Para Swimmers will score points.
19. Withdrawals from finals in which heats are swum must be notified to the tournament office within 30 minutes of the announcement of the finalists. Any swimmer who fails to report for a final and who has not informed the tournament office within the specified time will be subject to an immediate cash fine of R200-00. The swimmer will not be permitted to compete in any further individual events in that session. If the fine is not paid the swimmer will not be permitted to compete in any further events in the competition. The submission of a valid medical certificate will override this point.
20. All Team Managers must remain at the pool for at least 30 min after the conclusion of the heats.
21. Protests for disqualifications are to be submitted in writing within 30min of the announcement of the disqualification. R300-00 deposit is payable on presentation of the written protest.
22. All medalists must be correctly attired for medal presentation. No caps or headgear.
23. If due to weather conditions, any section of the CGA Championship swimming program cannot be completed, the following will apply:
 - On the final day of the competition, if the Finals cannot be completed, the Final results and Medals will be awarded as per the results of the Heats.
 - If on any other days, the Finals cannot be completed, due to time restraints, the Finals will either be rescheduled or the results awarded as per the Heats results.
 - If circumstances require, any part of the program may be swum as Timed Finals.
24. ONE START RULE WILL APPLY
25. Drug Testing will take place. Please note that it is the swimmers responsibility to ensure that they have a TUE Exemption Form if required and they must hand this in if requested to report for Drug Testing.
26. A section of Ellis Park South Park Lane Parking will be made available for the duration of the Championships.
27. **No** Coaches, Team Managers, Officials, Parents, Swimmers or Spectators will be permitted to park inside the pool grounds or the VIP designated parking.
28. Gazebo's may be erected on the open stand and have to be **secured**. All gazebo's have to be removed every night.
29. **No** chairs are allowed on the stands.
30. The CGA Warm Up Procedure will be in operation. Coaches are requested to ensure that this is strictly adhered to for both Heats and Finals.
31. Swimmers are only permitted to wear **ONE** costume.
32. **Only Club Team Managers may do Withdrawals, submit Relay entries and handle general administrative enquiries.**
33. **Please note: No late entries will be taken on any day of the Championships.**

We would like to thank all our clubs, visiting provinces and countries for their support.
We hope you enjoy the Championships.

GOOD LUCK TO ALL THE SWIMMERS.